

AVOCADO SALAD

Serves 4

2 cups ripe avocado, cubed
1 cup ripe mango, cubed
1 cup red bell peppers, diced
1 medium red onion, chopped finely
2 tablespoons olive oil (extra virgin, first cold pressed, and organic)
Celtic sea salt and paprika to taste

Mix all the ingredients in a large bowl and let it marinate for few hours before to serve it as a side or a main dish.